



CREATE A LEGACY OF COMPASSION

Arlington Free Clinic (AFC) has been providing life-changing healthcare to uninsured adults in Arlington County for over three decades. Our mission is only possible through the generosity of individuals like you. By including Arlington Free Clinic in your estate plan, you can leave a legacy of compassion and care that ensures the continuity of our vital patient programs for generations to come.

There are many simple and tax-efficient ways to make a planned gift, and each one can be tailored to your personal and financial goals. Below are several giving vehicles to consider as you plan your legacy.

Bequests: Wills and Living Trusts

Designate Arlington Free Clinic as a beneficiary in your will or living trust. This can be a specific amount, a percentage of your estate, or the remainder (residue) after other bequests are fulfilled.

Tax Benefits:

- Maintain control of your assets during your lifetime
- Reduce estate taxes for your heirs
- Easy to add or update through a simple amendment to your existing documents

Sample Language: “I give {specific dollar amount or percentage} to Arlington Free Clinic, a Virginia nonprofit tax ID 54-1671883, for its general purposes.”

Retirement Assets: Beneficiary Designations

Name Arlington Free Clinic as a beneficiary of your IRA, 401(k), or other qualified retirement account by filling out a beneficiary designation form with your plan administrator - no attorney required.

Tax Benefits:

- Avoid income taxes that would be owed by heirs
- 100% of your gift supports AFC’s mission
- Simple to implement and change without revising your will

Tip: You can name AFC as the sole beneficiary or designate a percentage alongside a loved one(s).



Donor Advised Funds (DAF)

You can recommend a grant to Arlington Free Clinic during your lifetime and/or name us as a final beneficiary of your donor advised fund (DAF). This ensures that remaining funds continue to support a mission you value.

Tax Benefits:

- Immediate tax deduction when you contribute to the donor advised fund
- Potential to avoid capital gains tax
- Support multiple charities during your lifetime

Life Insurance Policy

Name Arlington Free Clinic as the beneficiary or owner of a life insurance policy - donate an existing policy or establish a new one.

Tax Benefits:

- Immediate tax deduction if policy is transferred during your lifetime
- Premium payments may be deductible if the policy is owned by AFC
- Death benefit is excluded from your taxable estate

Please consult with your legal or financial advisor to determine what's best for your unique circumstances.

Appreciated Assets: Stocks, Bonds, and Mutual Funds

Transfer appreciated securities held for a year or more directly to Arlington Free Clinic to support our programs while maximizing tax advantages.

Tax Benefits:

- Receive a charitable deduction for the full fair market value
- Potential to avoid capital gains tax
- Preserve cash while making a significant impact

Blended Gifts

Combine a current gift with a future planned gift. For example, donate appreciated stock today and name AFC in your will.

Tax Benefits:

- Immediate tax savings today
- Estate tax benefits in the future
- Deepens your connection to the Clinic's mission both today and in the future

We're Here to Help!

We would be honored to recognize your commitment through AFC Visionaries. To notify us of your plans or to learn more about giving options, please contact:

Beth Gorman, Director of Development
(571) 569-3569 | bgorman@arlingtonfreeclinic.org

Arlington Free Clinic
2921 11th Street South, Arlington, VA 22204

