



arlington
freeclinic

2025 Report to the Community

JULY 1, 2024 TO JUNE 30, 2025

Our Mission

Established in 1994, Arlington Free Clinic (AFC) continues to be **Arlington's only provider of comprehensive healthcare services for adults living with a low income and without health insurance**. Every year, with the help of over 450 volunteers and 45 full/part-time staff, AFC provides nearly 10,000 medical visits to over 1,600 of our community's most vulnerable residents.

The community we serve includes individuals and families who earn less than 200% of the federal poverty level, with a large proportion of households earning less than \$35,000 annually. This economic reality has a direct impact on healthcare access, as uninsured individuals are often forced to delay seeking care, forego preventive services altogether, or end up in the emergency room where care is costly and focused on immediate symptoms, not long-term health. As a result, our patients are more likely to suffer from multiple chronic conditions that have gone untreated for years, including diabetes, hypertension, and heart disease.

There are two ways to become a patient of AFC and access our comprehensive healthcare services:

1. We accept self-referrals from individuals who meet our eligibility criteria who have either called or walked in seeking care.
2. Eligible individuals referred by VHC Health, Arlington County Department of Human Services, and other safety-net organizations are directly accepted. These include our sickest patients, such as those with cancer, uncontrolled diabetes, and renal failure.

Our Purpose:

To build a healthy community.

Our Mission:

To advance health equity by providing comprehensive, whole-person healthcare for our neighbors who would otherwise lack access.

Our Identity:

A nonprofit healthcare home that works collaboratively with patients, volunteers, community members, and partners.

Arlington Free Clinic
2921 11th Street South
Arlington, VA 22204
703-979-1425
arlingtonfreeclinic.org

Our Services

COMPREHENSIVE HEALTHCARE

Primary, Preventive, and Specialty Care for Adults

Gynecology

Care For Chronic Diseases Including Diabetes, Hypertension, Cancer, and Obesity

Optometry

Pharmacy

Cancer Screenings

Diagnostic & Laboratory Services

Physical Therapy

Dental

Audiology

MENTAL & BEHAVIORAL HEALTH

Psychiatric Assessment & Medication Management

Individual Therapy

Support Groups

Social Services
Case Management

EDUCATION & OUTREACH

Nutrition

Osteoporosis

Diabetes

Breast Health

Physical Activity

Meeting the Need: Arlington Free Clinic's Commitment to Care

For over 30 years, Arlington Free Clinic has been a medical home for our community of our community, providing comprehensive healthcare to adults living with a low income and without health insurance. Whether coping with a chronic disease like diabetes, fighting a health crisis such as cancer, or seeking dental or behavioral healthcare, our neighbors can count on us. Thanks to your generosity, we can continue to be a medical home for our patients, providing and coordinating the care they need to maintain good physical and mental health.

We wish we were not needed, but sadly, demand for free and low-cost healthcare exceeds the capacity of Arlington's entire healthcare safety net. Currently, there are approximately 10,000 uninsured adults in Arlington. Yet estimates are that this number is likely to double as a result of the federal budget passed in July, which significantly reduces Medicaid funding while adding work requirements.

Without coverage for medical, dental, and behavioral health services, newly uninsured individuals would either turn to safety-net providers, including AFC, for assistance or delay care altogether. This means letting chronic diseases and dental issues go untreated while ignoring worrisome symptoms. When symptoms can no longer be ignored, they will turn to hospital emergency rooms. This overreliance on emergency departments places tremendous strain on hospitals and drives up uncompensated care costs.

Most importantly, patients receive care that only treats their immediate symptoms rather than care focused on their long-term health and well-being.

At AFC, we are monitoring our changing environment closely while doing all we can to support the long-term health and well-being of our patients. What grounds us is the resilience of those we serve and the unwavering generosity of our community, including all of you reading this report.

With the steadfast support of our volunteers, donors, and community partners, we are and will continue to strive to be a powerful reminder of what healthcare can and should be for all of us. We are deeply grateful to each of you who make this important work possible.

In gratitude,

Lesley Daigle
Chief Executive Officer

Jennifer Sosin
Chair, Board of Directors



*Jennifer (left) and
Lesley (right)*

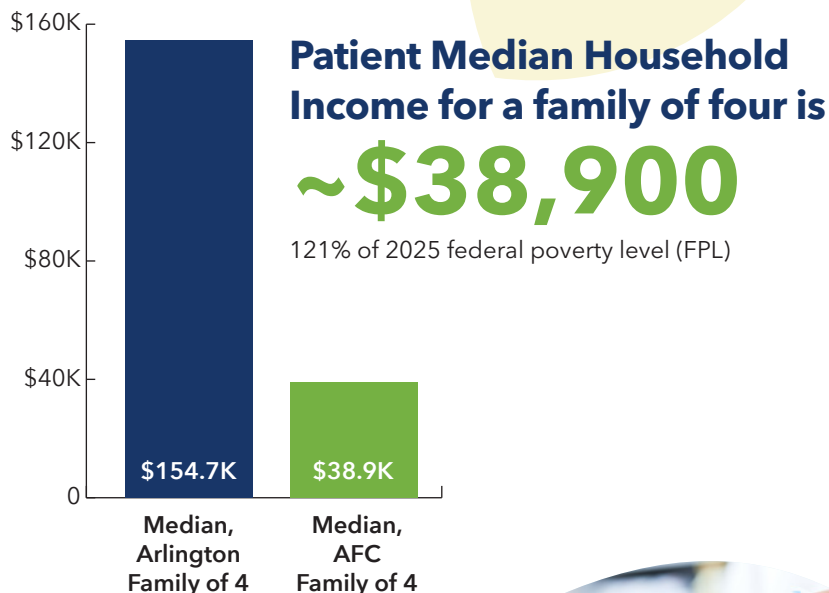
Our Patients July 1, 2024 to June 30, 2025

1,639

individual patients had access to one or more of AFC's health services.

212

of these were added as new patients who previously lacked access to healthcare.



10,635

high-quality, patient-centered visits

2,919

Primary Care Appointments

1,597

Specialty Care Appointments
(e.g., Gynecology, Physical Therapy, Gastroenterology, Cardiology, Optometry, etc.)

1,529

RN Triage Encounters

1,042

Behavioral Health Visits

2,742

Dental Appointments

806

Community Resource Navigator Meetings
(e.g., for needs assessment/referrals for resources "beyond the exam room" including supplemental food, legal aid, language classes, domestic violence support, and more.)

27,111

Prescriptions Dispensed (30-Day Equivalents)

Last fiscal year, Arlington Free Clinic accepted 43 new patients from referrals from community partners.

55% of these patients came from referrals from VHC Health, which sends patients from the emergency room who meet our eligibility criteria. These individuals often need urgent follow-up visits, medication refills, and chronic disease management to stabilize their health and prevent future crises. Timely, comprehensive care provided through AFC's model prevents worsening illness and reduces avoidable emergency room readmissions, which ultimately strengthens community health and conserves critical healthcare resources.

In February, a collaborative effort between AFC and VHC Health led to changes in how both teams manage referrals for hospital discharge patients. To address wait times, AFC expanded eligibility specialist hours and introduced priority scheduling for these patients. They also ensured they saw a staff nurse manager immediately after eligibility. This way, patients leave their first visit with a complete care plan.

These changes have significantly improved our response time for these patients: average wait times for eligibility appointments have dropped to **2.6 business days**, and medical appointments with a staff or volunteer provider now average just **7.6 days**.

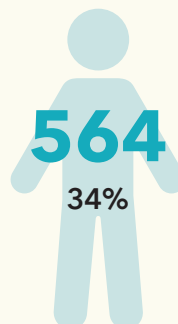
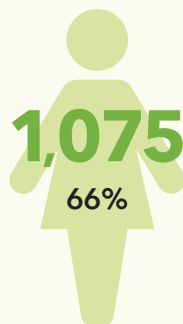
Behind these numbers are real people whose lives are profoundly affected by timely care. One middle-aged patient came to AFC after being discharged from the emergency room with a new cancer diagnosis. Within days, the patient was connected not only to a nurse manager for close case management but also to Virginia Cancer Specialists for oncology care and to our behavioral health team for counseling support through their treatment.

By reducing wait times and strengthening collaboration with VHC Health, AFC is helping discharged patients stay on track with their recovery, easing the burden on emergency departments, and ensuring that no one falls through the cracks of the health system.



MORE ABOUT OUR PATIENTS

**46.6
years**
Average Age



85%
Use an Interpreter

15
Spoken Languages
Among Patients



2025 Marks the 10-year Anniversary of AFC's Oral Health Program

In 2015, we established a modest dental clinic in borrowed space at Arlington County Department of Human Services. However, community need and support allowed us to expand capacity, growing into a three-chair clinic co-located alongside our medical, behavioral health, and pharmacy teams. Today, our dental team works six days a week, providing truly holistic services to our patients, including both basic oral health care (cleanings, screenings, etc.) and major restorative treatments (root canals, crowns, bridges, and dentures).

Thanks to the generosity of our donors, grantors, and other community partners, AFC can provide quality, affordable oral health care to our neighbors who would otherwise go without. However, the demand for dental services among our patients remains far greater than our capacity.

This 10-year milestone is a celebration of what we have achieved together and a reminder of the work ahead. With your continued support, AFC can meet growing community need, ease costs for patients, and ensure healthier smiles for years to come.

AFC DENTAL PROGRAM DATA

July 1, 2024 through June 30, 2025

667
unduplicated
patients seen

2,742
appointments
completed

5,634
services
delivered

300
emergency
needs seen

SERVICES BY TYPE:

Diagnostic	28.8%	Basic restorative	17.3%	Oral Surgery	4.4%
Preventive	26.4%	Periodontics	12.6%	Endodontics	3.2%

Other: prosthodontics, implants, adjunctive general services



Building Tomorrow's Health Workforce

In May, Arlington Free Clinic celebrated a proud moment when our Pharmacist-in-Charge, Dr. Katy Ha, was named Preceptor of the Year by Shenandoah University's Bernard J. Dunn School of Pharmacy. This honor reflects Dr. Ha's dedication to mentoring her pharmacy students and her commitment to helping shape the next generation of compassionate, culturally competent pharmacists.

Workforce development is a core—and often overlooked—component of our impact in our community. Free clinics provide a unique opportunity for students and providers to gain hands-on experience working with and caring for people living in underserved communities. At AFC, students work closely with staff and volunteers and directly engage with patients to better understand the social, cultural, and economic realities that shape health outcomes.

This spirit of mentorship and hands-on learning spans multiple disciplines. In clinical care, our nurse-led model offers Nurse Practitioner students the chance to work alongside our staff NPs, and nursing students train under the guidance of our staff nurse managers. In support roles, scribes help our volunteer providers document patient encounters, which provides hands-on experience for many who go on to medical school after their volunteer service at AFC. Through internships, undergraduate students gain exposure to both medical and nonmedical roles in a community health setting. Additionally, graduate students from George Mason University have contributed their expertise in health informatics, working alongside our Clinical Data Specialist to streamline data workflows that directly improve patient care. And, as illustrated through Dr. Ha's award, pharmacy students learn that understanding a patient's lived experience is just as essential as the medications they dispense.

AFC's impact is often measured in the patients' lives we touch. However, it is also reflected in the professionals we help shape, helping them become leaders who will carry the values of compassion, teamwork, and equity into every patient encounter for years to come.

Joan Bowes Ritter, MD
Medical Director



AFC's impact is often measured in the patients' lives we touch. However, it is also reflected in the professionals we help shape...



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Vice-Chair

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Mary Margaret Lewis, MD
Co-Chairs, Governance Committee

Amanda Bartelme
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Ben Schall

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Thomas Shooltz

Mark Silverwood

Andres Tobar

Kristian & Chuck Todd

David & Kathy Townshend

Financial Report*

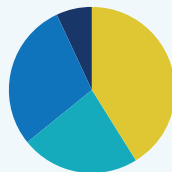
July 1, 2024–June 30, 2025

ASSETS	July 1, 2025	July 1, 2024
Cash & Equivalents	\$581,001	\$472,849
Contributions Receivable	\$361,064	\$654,177
Inventory	\$503,288	\$584,357
Prepaid Expenses	\$112,969	\$88,091
Investments	\$4,925,566	\$5,650,077
Operating Lease	\$97,043	\$122,553
Fixed Assets	\$3,668,590	\$3,622,730
Total Assets	\$10,249,521	\$11,194,834
LIABILITIES AND NET ASSETS	July 1, 2025	July 1, 2024
Current Liabilities		
Accounts Payable & Accrued Expenses	\$128,468	\$340,832
Operating Lease	\$108,073	\$134,732
Total Liabilities	\$236,541	\$475,564
NET ASSETS	July 1, 2025	July 1, 2024
Without Donor Restrictions	\$8,402,066	\$8,753,234
With Donor Restrictions	\$1,847,455	\$1,966,036
Total Net Assets	\$10,249,521	\$10,719,270
TOTAL ASSETS AND LIABILITIES**	\$10,249,521	\$11,194,834

*FY25 financials are unaudited as of the printing of this report; once the audited statements are available, they will be posted on AFC's website

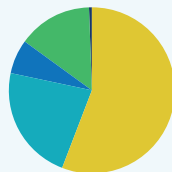
**Includes value of AFC facility

***Includes realized investment income and patient donations



Cash Contributions: \$4,231,197

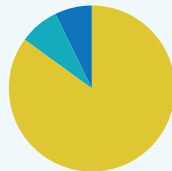
General Contributions	41.3%
Grants	23.0%
Special Events	28.8%
Other Income***	6.9%



In-Kind Contributions: \$8,146,657

VHC Health	56.1%
Rx	22.4%
Off-Site Medical	6.7%
On-Site Medical	14.4%
Professional Fees	0.4%

Total Financial Support: \$12,377,854



Expenses: \$13,415,472

Program	85%
Fundraising	8%
Administrative	7%

FY25 HIGHLIGHTS

Back in October, over 700 guests attended **AFC's 30th Anniversary Gala** and helped raised nearly 30% of our annual operating budget! Thank you to the hundreds of volunteers, sponsors, auction donors, and attendees for making the night an amazing success. And special thanks to our Special Gift Chairs Doug & Cassie Root (pictured with table) and Gala Chair Dawn Broksas for their leadership and support of this essential event. ●

In November, we hosted a **30th anniversary patient event** at Walter Reed Community Center. Families enjoyed a delicious brunch catered by Northside Social and The Falls, along with an afternoon filled with music, games, and fun. We are grateful to our volunteers and Liberty Restaurant Group for helping make this celebration possible!

● **AFC's Volunteer Appreciation Reception** in April was a memorable evening celebrating our volunteers and community members, all united by a shared commitment to service. Special thanks to Virginia State Delegate and AFC Board Member Patrick Hope for his inspiring remarks on the power of volunteerism.

Thank you so much to **Yorktown High School Softball Team** for raising over \$11,000 for our Women's Health program! Through a silent auction, raffle, and donations from the McLean softball team, the players raised essential funds for screenings, referrals, and treatments for AFC patients. ●

Local band **No One You Know** hosted a fundraiser back in May at Solace Brewing Falls Church and raised over \$2,500 for AFC! We are grateful to all who attended and to the band for organizing such a fun and impactful event. ●



AWARDS

Katy Ha, Preceptor of the Year:

Congratulations to Dr. Katy Ha, AFC's pharmacist-in-charge, for being named Preceptor of the Year by Shenandoah University's Bernard J. Dunn School of Pharmacy! This incredible honor reflects her dedication to mentoring future pharmacists and the unique learning environment at AFC, where pharmacy students gain hands-on experience serving patients in a free clinic setting.



NAFC: AFC earned a 2025 Gold Rating from the **National Association of Free and Charitable Clinics (NAFC)** Quality Standards Program. This rating highlights our organization's dedication to providing quality care. We're proud to join in the NAFC's mission of building healthy communities for all through quality, equitable, accessible healthcare.



Dr. Raymond Hoare, Spirit of Community Award:

In November, we celebrated longtime volunteer and Community Council member Dr. Raymond Hoare, one of Arlington Community Foundation's 2024 Spirit of Community Awardees! Dr. Hoare helped found AFC over three decades ago and continued to see patients monthly until his official retirement in September 2025. As a cardiologist and volunteer at AFC, Dr. Hoare clocked more than 1,500 service hours, treating hundreds of patients who would otherwise have no access to cardiac specialty care.



Watch his honoree video ►



This summer we launched the first phase of our **new and improved website!** Highlights of the new site include a clean, modern design that works well on mobile devices and new data metrics and clinic outcomes. Most importantly, the new website provides easier navigation for community members to learn about current volunteer opportunities, different ways to donate, and community resources available through safety-net partners.

Special thanks to The Geary-O'Hara Foundation for their support of this project!

Healthcare Practices Vital to AFC

Arlington Free Clinic is indebted to these practices that so generously provided a wide variety of specialty care in their offices for hundreds of AFC patients.

Arlington ENT & Arlington Audiology Associates • Arlington Radiation Oncology, PLLC • Body Dynamics, Inc
Cary Poropatich, MD, LLC • Dermatology Associates of McLean, LTD • Dominion Anesthesia, PLLC
Gastroenterology Center of Northern Virginia • Michael Goldberg, MD • Wendy Gottlieb, MD • Michael Hughes, BCO
The Johns Hopkins Wilmer Eye Institute • Earl Johnson, MD • Babur B. Lateef, MD • Lions Eye Clinic • Rachel Marcus, MD
National Institutes of Health • Nirschl Orthopaedic Center for Sports Medicine & Joint Reconstruction
Northern Virginia Dental Clinic • Northern Virginia Eye Surgery Center • Northern Virginia Neurologic Associates, LTD
Northern Virginia Physicians to Women • Northern Virginia Radiology Consultants, PLLC • NOVA Optique + Eyecare
Orthopaedic Foot & Ankle Center • OrthoVirginia • PMA Health • Progressive Feet, LLC • Christopher Renner, OD
Lisa Rickard, AuD & University of Maryland Dept. of Hearing & Speech Sciences • Skin Cancer Surgery Center
Tysons Corner Diagnostic Imaging/UVA Health • University of Virginia Health System • Virginia Cancer Specialists, PC
Virginia Heart • Virginia Nephrology Group • Virginia Neurosurgeons, PC • Virginia Retina Specialists
Washington Radiology Associates • Gayle Masri-Fridling, MD Ltd • George Younan, MD

VHC Health: Emergency Medicine at VHC Health • Physical Therapy • Occupational Therapy • Outpatient Clinic
Speech Therapy • US Acute Care Solutions

VHC Physician Groups: Cardiac, Vascular & Thoracic Surgery • Cardiology • Colorectal Surgery • Gastroenterology
Hospitalists • Infectious Diseases • OB/GYN • OB Hospitalists • Physical Medicine & Rehabilitation
Plastic & Reconstructive Surgery • Podiatry • Reinsch Pierce Family Center for Breast Health • Surgical Specialists
Urology • Wound Care & Hyperbaric Medicine

PARTNER SPOTLIGHT:

Dominion Anesthesia Group

Anesthesia is often the unsung hero of medical care. Without it, no surgery or procedure could take place. For decades, Dominion Anesthesia Group has been a trusted partner to Arlington Free Clinic, providing pro bono anesthesia services for our patients undergoing surgeries and procedures at VHC Health.

Physician-owned for over 25 years, Dominion Anesthesia has supported surgeons of all specialties with industry-leading services, while ensuring patients are fully informed and prepared for their procedures. Their physicians take time to explain what to expect, which not only improves patient safety but also helps reduce stress and provide peace of mind before surgery.

Last fiscal year alone, Dominion Anesthesia physicians provided 122 anesthesia services to AFC patients, including many for routine screenings such as colonoscopies and endoscopies. The total value of their care was valued at \$138,600.



"We value our long-standing practice at VHC and our relationship with AFC, and we are delighted to participate in the health care of our fellow Arlingtonian citizens," shared Dr. David Lee of Dominion Anesthesia.



Dominion Anesthesia's expertise, commitment to quality care, and unwavering spirit of community partnership make them an invaluable part of AFC's mission to provide comprehensive, equitable healthcare to our patients. Their work is a reminder that anesthesia may be behind the scenes, but it is at the heart of making every successful procedure—and every patient's care plan—possible.

Volunteers at AFC

July 1, 2024-June 30, 2025

437
Volunteers

13,216
Hours of Service

Volunteers are integrated into all aspects of patient care and clinic operations at AFC.

The value of our onsite volunteer hours is estimated to be

\$1,488,537

2,366

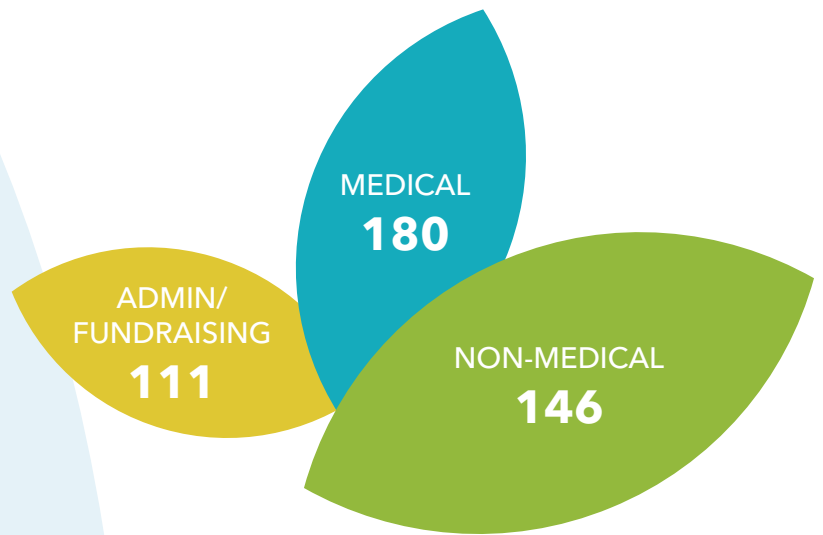
Hours of student rotations, supporting future medical professionals
(RN Students, Pharmacy Students, Counseling Students, Undergrad Interns)

>80

Our Gala and Special Gifts Committee volunteers donated extensive hours to planning and raising funds for our Annual Benefit Gala.

Interested in volunteering?

Learn more about our program and application process here!



Volunteer Roles in FY25

MEDICAL	
Primary Care Physicians & NPs	40
Specialist Physicians & NPs	41
Dentists	1
Pharmacists	9
Mental Health Counselors & Psychologists	8
Physical Therapists	6
Dieticians	1
Optometry Technicians	2
Physiologists	1
Paramedics, MAs, EMTs, CNAs, Dental Assistant	50
Registered Nurses	21

NON-MEDICAL	
Interpreters	62
Scribes	25
Move to Health Instructors	6
Admin & Outreach	23
Student Interns/Clinical Rotations	30

ADMIN/FUNDRAISING	
Fundraising	84
Board & Committees	27

VOLUNTEER SPOTLIGHT:

Celebrating the Life and Legacy of Dr. Ian Shenk

When visiting Arlington Free Clinic, guests pass a beautiful stained-glass image of a tree. This thoughtful art piece was made for us by a volunteer gastroenterologist, Dr. Ian Shenk. Dr. Shenk was a dedicated volunteer physician from 2011 to 2022 and cared for well over 600 patients during his tenure. He was passionate about patient care and notorious for requesting to see 8-10 patients each clinic session. When the pandemic hit, Dr. Shenk could not be deterred from patient care despite his age and higher-risk status and saw patients every other weekend while the clinic was empty.

Dr. Shenk was also the physician who first worked out an agreement with VHC Health to perform gastroenterology procedures for AFC patients in their suite. Thanks to this partnership, GI care has become one of our most accessible specialty services. Last fiscal year alone,

133 AFC patients received colonoscopies at no cost. The arrangement that Dr. Shenk established continues today with AFC volunteer provider and Board Member Dr. Stanley Drake, who performed 30 colonoscopies and 22 upper endoscopies at VHC Health last year.

In January 2022, after much reflection, Dr. Shenk made the difficult decision to retire, recognizing that his capabilities were no longer what they once were. Though stepping back was a painful decision for him, his legacy is woven into the GI program he helped establish, the lives of patients he treated, and the stained-glass tree that greets every visitor to the clinic.

We were deeply saddened by the news of Dr. Shenk's passing away this summer. He was loved by patients, staff, and volunteers alike. AFC and our capacity for care are forever bettered because of Dr. Shenk, and his impact will be felt in our community for years to come.



**Thank you to our Volunteers and Donors—
you make what we do possible!**

In an effort to reduce expenses, our volunteer and donor lists are once again only included in the digital version of the report at arlingtonfreeclinic.org/about-afc/publications/.



DONOR SPOTLIGHT:

Mary & John Kudless

Nearly fifteen years ago, AFC introduced a staff family nurse practitioner (NP) role to ensure patients had timely access to care for acute needs. Over time, this position has become the cornerstone of our primary care model, allowing us to build continuity of care and pioneer new practices such as oral health histories and behavioral health screenings during routine visits.

In 2023, we received a transformative gift to our Nurse Practitioner Program from longtime supporters Mary & John Kudless. Mary is a volunteer mental health provider who works closely with our NP team and whose background gives her a deep appreciation of AFC's comprehensive health services focused on patients' physical and mental health. John, inspired by Mary's dedication to AFC and drawing on his own professional expertise in fundraising and institutional advancement, recognized the significance of stable support for key programs and wanted to ensure AFC remains agile and responsive to our patients' needs. With a pledge of \$75,000 over three years, they are generously sustaining this key dimension of care provided by our NPs and offsetting the cost on our general operations.



Last fiscal year alone, our staff nurse practitioners accounted for nearly half of all primary care appointments. They also made 726 referrals to other staff and volunteer providers, most of which were to specialty medical services but also included behavioral health, dental, and resources addressing social determinants of health. By supporting this critical staff role, Mary and John's investment ensures that hundreds of patients receive timely, coordinated, and comprehensive care. Reflecting on why they chose to give, they shared:

"Looking at a person holistically allows for a higher level of care, and we are proud to help AFC deliver exceptional services to those who would otherwise lack access. We hope that this gift will inspire others to invest in healthcare for all Arlingtonians by funding the strategic priorities of AFC."

We extend our deepest gratitude to John and Mary for their unwavering support and generosity. It is through partnerships like these that we can further our mission and make a meaningful difference in the lives of our patients.

If you are inspired by John & Mary's example and are interested in making a long-term investment in the health of our community, we would love to connect with you.

For more information about AFC's current funding priorities and how you can support in an impactful way, please reach out to

Beth Gorman at 571-569-3569 or bgorman@arlingtonfreeclinic.org

Announcing **AFC Visionaries**

Arlington Free Clinic is proud to announce the launch of AFC Visionaries, a new initiative that formally recognizes individuals who are helping build a sustainable future for our services through legacy gifts. Whether through a will, trust, retirement account, or other planned giving method, AFC Visionaries play a vital role in creating a lasting foundation of care for uninsured Arlingtonians.

We are honored to recognize our inaugural group of generous AFC Visionaries. Their dedication ensures that Arlington Free Clinic can continue delivering high-quality, compassionate care for generations of patients who need it most.

Inaugural AFC Visionaries:

Judy Connally
Honora Dent
Drs. Loren Friedman & Patricia Rodriguez
Barbara & Joe Johnson
Lisa & Jim Kirchenbauer
Dana & Ray Koch
The L & L Family Foundation
Mary Mellon
Kathryn Nadeau & Joshua Stewart
Marissa Schlaifer
Mark & Rozanne Silverwood

"Even though I no longer live in Arlington, I know personally of the importance of the clinic on the Arlington community and see it as a role model for other health care clinics. I have always been proud to be associated with the clinic as both a volunteer and financial supporter."

Honora Dent

Former AFC volunteer, donor, retired nurse

"We are delighted to include the Arlington Free Clinic in our legacy planning. We believe in enabling the healthcare of everyone in our community regardless of their economic circumstances. AFC has proven itself as a provider of high-quality healthcare over more than three decades. We know that our investment will be put to good use."

Drs. Loren Friedman & Patricia Rodriguez

Donors and AFC Community Council members

If you are beginning to explore planned giving, we invite you to connect with our staff to discuss your options and how your gift can make a lasting impact. You can also visit our new website to learn more about planned giving and **AFC Visionaries**.

For those who have already included AFC in your estate plans, we are deeply grateful for your future investment. We would love to hear from you so you can be included in this inaugural group.



Our Volunteers

July 1, 2024–June 30, 2025

Dr. N. Thomas Connally, who volunteered at Arlington Free Clinic for over 19 years – serving as our dedicated Medical Director for six of them – was a compassionate physician, enthusiastic volunteer recruiter, and compelling ambassador within the community.

Reflecting the spirit of Dr. Connally, who was devoted to caring for and serving those in need, The Connally Volunteer Circle is an honorary society acknowledging current AFC volunteers who have given 10 years or more of service.

Here we recognize ALL of our volunteers who made our work possible this past year.

Clinical & Non-Clinical Volunteers

Nana Addo Offei	Kirsten A Bodensteiner, PT, DPT, OCS	William Corin, MD	Ella Fathi	Morgan Giebel
Jubilee Ahazie	Kate Bohigian*	Jacqueline Corrigan-Curay, MD*	Barbara Fay, RN*	Sharon Golden*
Jennifer Ah-Kee, MD	Sandra Boodman*	Christine Corser, PharmD*	Gary R Fender, MD*	Ariana Gordillo
Cathy Ahn	Colleen Borelli, MD*	Mia Cozart	Claudia Fernandez Perez	Maria Elena Giraldo Greene*
Sree Sarada Alapaty	Nancy Bossard	Dana Crowdus, RN*	Dominic E. Fiedtkou-Leonard	Margaret Grosh*
Dania A.	Ons Yasmeen Mrad Bouali	Ritu Cuttica, DO*	Anna E. Fiore PT, DPT	Matt Gunn
Maria Alva	Susan Branco, PhD, LPC	Fabrice Czarnecki, MD*	Barbara Fisher, LCSW*	Melissa Guzman
Anthony Amaru	Connor Brennan	Sofia Danzo	Elizabeth Freitas, RN	Erin Haber, MD
Jacqueline Amaya	Ann C. Brown, LMFT, LPC	Maria E De la Flor Musso	Francesca Galiani	Jeff Hales, MD
Alexander Amram	Ariana Brown ACSM-CEP	Susana De La Torre, BSN RN	Gary Gardner	Michael Halle, MD*
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Early Mountain Vineyards
The Inn at Little Washington
Gerald McGowan & Susan Brophy
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Chahine & Aida Yamine

\$1,000 TO \$2,500

Arlington Women's Civic Alliance
Bitar Cosmetic Surgery Institute
Cristin & Seth Finkel
Jefferson Street Designs
Teresa Mason
Yates Miller
Lori & Joey Reale
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TriVistaUSA Design + Build
Warner Theater Premium Seating
Wined & Dined
Landon Zee

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Braun Dermatology and
Skin Cancer Center



Tita & Geoff Freeman

Gerrish MedEsthetics Vienna VA

Zoe Hathaway

Shannon & Michael Higgins

Hollertown

Dr. Mary-Margaret Lewis & Mr. Brian Friel

Monkees of Fairfax

NOVA Vision Center

Sandy Spring Bank

Landon Sorensen

Veronica Beard

Michael Wardian

Westwood Country Club

Wheatland Spring Farm & Brewery

Arlington Soccer Association

Back to Rock McLean

BalletNova Center for Dance

Bartaco

Body by Ginny Fitness

Bristow Family

CMX Cinemas

CORdaro FIT

CycleBar Falls Church

DC United

Lisa Donnelly

Dover Hall/7 Lady Vineyards

Rich & Kim Ellis

emPOWER kids Joyful Movement Center

Flag Star Football

Fogo de Chao

Amelia & Don Gay

Haute Dogs & Fries, Old Town

Shannon & David Haynes

Toni & Stephen Howell

Karen & Brent Kaczmarek

Kendra Scott

Liberty Restaurant Group

Limelight Planters

\$100 TO \$499

Greg & Laura Allen

Archer Hotel Falls Church

Arena Stage



Nirschl Orthopaedic Center Physicians

Heather MacAulay, Stylism.biz

Ms. Cynthia MacDonald &
Mr. Andrew Savon

Maggiano's Little Italy

Main Street Landscape

Kathy & Josh Martin

Method Fitness

Metropolitan Hospitality Group

Mind the Mat Pilates & Yoga

Kelly Morrison

Old Dominion Pizza

Out of Print

Perfect Pointe Dance Studio

Pupatella Neapolitan Pizzeria

Pure Barre Falls Church

Rails

Rare Bird Coffee Roasters

Lauren & Timothy Reardon

Kathryn Richard

Laura & Eugene Ritzenhaler

Ruthie's All Day

The Salt Line

Mr. & Mrs. Hans Klaus Salzinger

Marissa Schlaifer

Smitten Salon

Soul Fire Collective Yoga

The Sports Junkies 106.7 The Fan

The State Theatre

Strathmore

Tail Up Goat

Helen & Rick Tiene

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Willard InterContinental,
Washington, D.C.

UP TO \$99

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Heidelberg Pastry Shoppe

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Imagination Stage

Jeni's Ice Creams

Craig Jones

Nate & Elizabeth Krill

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Old Farm Winery at Hartland

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Arlington Women's Civic Alliance-Mother's Day Event for Patients



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