



## Neighborhood Health

Hours: depends on location

### Arlington Site:

Sequoia Plaza

2100 Washington Blvd, Arlington, VA 22204

### Arlington Pediatrics Site:

3401 Columbia Pike, Arlington, VA 22204

*Additional Sites near Arlington in Alexandria*

### Once a patient, you can receive:

- Pediatrics & Newborn Care
- Adult Medicine
- Women's Health & Prenatal Care
- Family Planning
- Vision (for children)
- Dental
- Behavioral Health
- Pharmacy
- Vaccines
- Labs, Cancer Screenings
- HIV Care & Prevention
- Nutrition Counseling
- Health Insurance Enrollment Assistance

### How to Become a Patient

Self-referrals accepted. For more information, call 703-535-5568.

**Most insurance plans accepted. Uninsured pay sliding fees based on household income.**



## Arlington County DHS - Public Health

2100 Washington Blvd, Arlington, VA 22204

### Services and Eligibility

Arlington County offers these services depending on your income and eligibility.

Please call each number for detailed information about each service.

### Vaccines

Clinic offering vaccines to children, preteens, and adults.

**Phone:** 703-228-7444

### Women, Infants & Children (WIC)

If you're a pregnant woman, a new mom, or have kids under five, Arlington County offers services to keep you and your family healthy. Services include supplemental food, nutrition counseling and education, breastfeeding support, immunizations, and referrals to health and social services.

**Phone:** 703-228-1260

### Community Health

Clinic services include family planning, free school entry exams for students who are uninsured or underinsured, basic GYN care, pregnancy testing, emergency contraception, pap smear/cervical cancer screenings, and mammogram referrals.

**Phone:** 703-228-7444

### STI Services

Screening, diagnosis, treatment, and partner clinic referrals for Sexually Transmitted Infections for men and women with confidential services for teenagers.

**Phone:** 703-228-7444



## Where to Find Free & Low-Cost Healthcare

*Eligibility & Contact Information for Clinics in Arlington*



Hours: Mondays-Fridays 9:00-4:00  
2921 11th St. S., Arlington, VA 22204

**Once a patient, you can receive:**

- Primary Care
- Specialty Care
- Limited Women's Health
- Limited Vision & Hearing
- Dental
- Behavioral Health
- Pharmacy
- Vaccines
- Physical Therapy
- Care Navigation Assistance (health & social services)

**How to Become a Patient**

Self referrals accepted in person Monday to Friday from 9am to 12pm or 1pm to 4pm, or call 703-979-1400 for information.



**VHC Outpatient Clinic**

Hours: Mondays-Fridays 8:30-4:30  
1701 N. George Mason Dr., Arlington, VA 22205

**Once a patient, you can receive:**

- Primary Care
- Gynecology/Obstetrics/Breast Health Services
- Orthopedics
- General Surgery
- Endocrinology
- Nurse Visits
- Telemedicine
- Pharmacy
- Vaccines
- Nutrition & Diabetic Education
- Care Navigation Assistance (health & social services)

**How to Become a Patient**

Call the Outpatient Clinic at 703-558-6144 to discuss eligibility.

# Healthcare Options

Each clinic below has its own eligibility requirements - the table includes basic information. **Call each clinic for more information.**

	What Age?	Where Do You Have to Live?	Do They Accept Insurance?	Any Cost/Fees?	Must Call for Appointment?
<b>Arlington Free Clinic</b> 703-979-1400	18 years or older	Arlington <i>*must have lived in the US for 6 or more months</i>	Uninsured only <b>(no Medicaid, no Medicare)</b>	No cost medical, low-cost dental <i>*income-based eligibility</i>	Yes
<b>Neighborhood Health</b> 703-535-5568	Any age	Arlington, Fairfax, Alexandria	Uninsured or Insurance Accepted <b>(Medicaid, Medicare, FAMIS, private)</b>	Low-cost/sliding scale fees based on income/need	Yes
<b>VHC Outpatient Clinic</b> 703-558-6144	18 years or older	Arlington	Uninsured or Insurance Accepted <b>(Medicaid, Medicare)</b>	\$47 per visit <b>(Financial assistance available for reduced fees or charity care)</b>	Yes

**Arlington County Department of Human Services (DHS) – Public Health**

DHS provides various services for different groups based on eligibility. Look at the DHS page on the back of this brochure for more information and details about each service.