

Free Food Assistance in Arlington

You can use as many of these resources as you need.

Arlington Department of Human Services (DHS Sequoia)

2100 Washington Blvd. 703-228-1300

SNAP, Medicaid, WIC, referrals to AFAC, and older adult services.

Monday - Friday
8:00 AM - 5:00 PM



AFAC

571-384-1448

ARLINGTON RESIDENTS ONLY

Sign up with a case worker, school social worker, or DHS. Bring photo ID and proof of Arlington address. Fruits and vegetables, milk, eggs, choice of meat, and shelf stable food.

Choose 1 location and visit once a week:

- AFAC Headquarters in Shirlington 2708 S. Nelson St.

Monday - Friday
9:00 AM - 1:00 PM

Tuesday & Thursday
6:00 - 7:00 PM

Saturday
8:30 AM - 12:30 PM

- Clarendon United Methodist Church - 606 N. Irving St. Saturday, 8:30 - 10:30 AM

- Arlington Mill Community Center - 909 S Dinwiddie St. Monday, 9:00 - 11:30 AM

- Gilliam Place Apartments - 918 S. Lincoln St. Monday, 4:00 - 5:30 PM

- Gates of Ballston Community Center - 4108 4th St N. Friday, 11:00 AM - 1:00 PM



Our Lady Queen of Peace

2700 19th Street S. 703-979-5580

Wednesday
8:30 - 11:30 AM

Shelf stable food, fresh produce, chicken or eggs. Clothing and baby supplies available.



Arlington Bridge Builders

790 S. Carlin Springs Road 703-472-5227

Wednesday, Thursday, or Saturday
10:00 AM - 3:00 PM

Shelf stable food, some fresh produce and meat. Visit once per week.



St. George's Episcopal Church

915 N. Oakland Street 703-525-8286

Monday, Wednesday, and Friday
12:00 - 1:00 PM

Shelf stable food and snacks. Baby diapers and wipes often available.



Mission: NOVA

5401 7th Road S. 202-745-7118, ext. 285

Tuesday and Friday
12:00 - 3:30 PM

Shelf stable food, fresh produce, meat or eggs. Clothing available. Visit once per week.



Salvation Army

518 S. Glebe Road 703-979-3380

1st & 2nd Thursday of the month
9:30 - 11:30 AM and 1:30 - 3:30 PM

Shelf stable food, sometimes produce or meat. Visit once per month. Open until food is gone.



Capital Area Food Bank

Arlington Mill Community Center - 909 S. Dinwiddie Street

4th Saturday of the month
8:30 - 10:30 AM

Mostly fresh produce, with some shelf stable items and meat.



Arlington Assembly of God

4501 N. Pershing Drive 703-524-1667

Monday to Friday
5:00 - 6:30 PM

Hot dinner, either homemade or donations from local stores & restaurants.