

Free Food Assistance in Arlington

You can use as many of these resources as you need.

Arlington Department of Human Services (DHS Sequoia)

🏠 2100 Washington Blvd. ☎ 703-228-1300

SNAP, Medicaid, WIC, referrals to AFAC, and older adult services.

Monday - Friday
8:00 AM - 5:00 PM



AFAC

☎ 571-384-1448

Sign up with a case worker, school social worker, or DHS. Bring photo ID and proof of Arlington address. Fruits and vegetables, milk, eggs, choice of meat, and shelf stable food.

Choose 1 location and visit once a week:

ARLINGTON RESIDENTS ONLY

- **AFAC Headquarters in Shirlington** 🏠 2708 S. Nelson St.

Monday - Friday
9:00 AM - 1:00 PM

Tuesday & Thursday
6:00 - 7:00 PM

Saturday
8:30 AM - 12:30 PM

- **Clarendon United Methodist Church** - 🏠 606 N. Irving St.

Saturday, 8:30 - 10:30 AM

- **Arlington Mill Community Center** - 🏠 909 S Dinwiddie St.

Monday, 9:00 - 11:30 AM

- **Gilliam Place Apartments** - 🏠 918 S. Lincoln St.

Monday, 4:00 - 5:30 PM

- **Gates of Ballston Community Center** - 🏠 4108 4th St N.

Friday, 11:00 AM - 1:00 PM



Our Lady Queen of Peace

🏠 2700 19th Street S. ☎ 703-979-5580

Shelf stable food, fresh produce, chicken or eggs. Clothing and baby supplies available.

Wednesday
8:30 - 11:30 AM



Arlington Bridge Builders

🏠 790 S. Carlin Springs Road ☎ 703-472-5227

Shelf stable food, some fresh produce and meat. Visit once per week.

Wednesday, Thursday, or Saturday
10:00 AM - 3:00 PM



St. George's Episcopal Church

🏠 915 N. Oakland Street ☎ 703-525-8286

Shelf stable food and snacks. Baby diapers and wipes often available.

Monday, Wednesday, and Friday
12:00 - 1:00 PM



Mission: NOVA

🏠 5401 7th Road S. ☎ 202-745-7118, ext. 285

Shelf stable food, fresh produce, meat or eggs. Clothing available. Visit once per week.

Tuesday and Friday
12:00 - 3:30 PM



Salvation Army

🏠 518 S. Glebe Road ☎ 703-979-3380

Shelf stable food, sometimes produce or meat. Visit once per month. Open until food is gone.

1st & 2nd Thursday of the month
9:30 - 11:30 AM and 1:30 - 3:30 PM



Capital Area Food Bank

Arlington Mill Community Center - 🏠 909 S. Dinwiddie Street
Mostly fresh produce, with some shelf stable items and meat.

4th Saturday of the month
8:30 - 10:30 AM



Arlington Assembly of God

🏠 4501 N. Pershing Drive ☎ 703-524-1667

Hot dinner, either homemade or donations from local stores & restaurants.

Monday to Friday
5:00 - 6:30 PM