

## LAUNCHING

With pro bono diagnostic services from Arlington Hospital (now VHC Health) and promises of volunteer support from 60 physicians and 50 others, on January 11, 1994, Arlington

Free Clinic started seeing patients one night a week after-hours in the converted hallways and nurse's office of Thomas Jefferson Middle School.



## EVOLVING

To primary care, chronic disease management, and limited specialty services, AFC soon added an on-site pharmacy, physical therapy, and mental health programs. As services continued to expand and patient numbers reached 1400, we moved into space on the Columbia Pike corridor, rooting ourselves firmly – to this day – in the neighborhood where the majority of our patients live.



## MATURING

With the 2014 expansion of Medicaid in VA, the make up of AFC's patients shifted to a primarily immigrant population. We added dental, expanding the program and bringing it onsite several years later. Around this time – and to an even greater extent during the Covid-19 pandemic – AFC began playing a prominent role

in advocating for changes in the community conditions that impact the health of our patients and other Arlingtonians living with a low income.



## LOOKING AHEAD

AFC recently adopted a new mission that reflects our expanded commitment to removing barriers to health. By continuing to provide direct healthcare services while simultaneously working upstream to change the conditions that are contributing to poor health outcomes, AFC aims to better serve our patients and make a lasting impact on the health of our community.



## SUPPORT OUR FUTURE

If you've already given this year, we thank you. If not, your year-end gift will help us continue to provide essential care to Arlingtonians in need. To donate online, visit [arlingtonfreeclinic.org](http://arlingtonfreeclinic.org) and click "donate."

